

COVID-19 Decision Tree

(revised 4/21/2021 to include guidelines for vaccinated individuals)



**Eastern Idaho
Public Health**
Prevent. Promote. Protect.
COVID-19 HOTLINE
(208) 522-0310 or toll free (855) 533-3160

INDIVIDUAL



You had close contact (within 6 feet for more than 15 minutes) with a person known to have COVID-19.

Do you have **SYMPTOMS***? (regardless of your COVID-19 vaccination status)

You have received all doses** of a COVID-19 vaccine series AND two weeks have passed since receiving your final dose

NO

YES

Continue with normal activities while monitoring your health daily.

NO

YES

**a COVID-19 vaccine series includes 2 doses of Pfizer or Moderna or 1 dose of Johnson & Johnson/Janssen

Self-isolate for 10 days (or 7 after receiving a negative test result, with test performed on day 5 or later) after last contact with the person in accordance with CDC guidelines. Conduct daily monitoring of your health.

Seek the evaluation of a medical provider to determine if COVID-19 testing is indicated.
If testing is indicated, please ISOLATE until test results are received.
If test result is POSITIVE, continue to ISOLATE and local public health will contact you for follow up.
If no testing is conducted, you should ISOLATE for at least 10 days after symptom onset AND symptoms have improved, including being fever-free for 24 hours without the use of fever-reducing medications before returning to normal daily activities.

***SYMPTOMS MAY APPEAR 2-14 DAYS AFTER EXPOSURE TO THE VIRUS AND INCLUDE:**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This document is a general guideline to assist with decision making. Please refer to Eastern Idaho Public Health or your healthcare provider for questions that are specific to your individual circumstance.