



CENTRAL  
DISTRICT  
HEALTH

## 2019 Novel Coronavirus [COVID-19]

[cdh.idaho.gov/dac-coronavirus](http://cdh.idaho.gov/dac-coronavirus) | [cdc.gov/coronavirus/2019-ncov/index.html](https://cdc.gov/coronavirus/2019-ncov/index.html)

Idaho Department of Health and Welfare helps meet the needs of families in crisis situations by providing food, cash and other assistance program in order to help you get back on the road to self-reliance.

### Programs & Services

**Assistance of Aged, Blind & Disabled** - The AABD Program provides cash assistance for individuals who are 65 or older, blind, or disabled. Eligible individuals receive a certain amount of cash each month to help pay for everyday living expenses. The amount an individual receives is based their unique circumstances such as, living arrangements, income, and resources.

**Child Care Assistance** - ICCP is available for eligible parents who work, attend school, or participate in approved activities to help ensure children receive safe, quality care. In order to receive assistance paying for child care, certain eligibility requirements must be met in areas such as residency, income, work/training activities, and other areas based on your household's circumstances.

**Child Support** - Child Support Services can help to help ensure children receive financial and medical support from both parents in a variety of ways.

**Employment and Training Program** - The Idaho Employment and Training (E&T) program connects Idahoans with the resources they need to get a meaningful job to support themselves and their families.

**Home Heating** - LIHEAP Heating Assistance helps Idaho families heat their homes during the coldest months of the year. Families meeting certain eligibility requirements will receive one payment that will be applied to their heating bills. Benefit amount is determined using several factors such as household income, where you live in the state, who is in your family and what you pay for services. If your family currently receives SNAP benefits, you are eligible to receive LIHEAP benefits. Funding for this program is limited and is available on a first-come, first-serve basis.

**Health Coverage Assistance** - Health Coverage Assistance has different programs that provide health coverage for eligible individuals. Each program has specific eligibility requirements and offer different types of assistance. Discover each of the programs by clicking the links below.

**Medicaid** - Medicaid has different programs available that provide health coverage for Children under age 19, Parents or other related adults with children under age 19, Pregnant women, Women diagnosed with breast or cervical cancer or pre-cancer, People aged 65 or older, People who are blind or disabled (using Social Security criteria).

**Nursing Home Cost Assistance** - If you or your spouse are entering a nursing home, you may qualify for Medicaid benefits, including paying a portion of your nursing home costs. To determine whether Medicaid can help right away, or after you have paid some nursing home bills yourself, you will need to carefully review your income, resources, and household circumstances.

**SNAP (Food Stamps)** - The Supplemental Nutrition Assistance Program (SNAP), formerly known as the Idaho Food Stamps program, helps low-income families buy the food they need in order to stay healthy. An eligible family receives an Electronic Benefits Transfer (EBT) card, which is used like any other debit card at the grocery store. The card uses money from a SNAP account set up for the eligible family to pay for food items.

**Telephone Help** - The Idaho Telephone Service Assistance Program, or ITSAP, gives families a monthly discount for their monthly telephone services. Households can receive a benefit for their landline or one family member's cell phone. Families need to meet certain eligibility criteria requirements to qualify. Families who qualify for this program may also qualify for the



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Lifeline program, which offers additional discounts. Ask your telephone provider for more information about ITSAP and Lifeline benefits.

**Temporary Assistance for Families in Idaho** - The TAFI Program provides temporary cash assistance and work preparation services for families with kids. The program provides cash benefits for eligible low-income families and households to help pay for food, clothing, shelter, and other essentials.

**The Emergency Food Assistance Program** - This program provides emergency food, including United States Department of Agriculture (USDA) commodities, to each state. The state then coordinates with local Emergency Feeding Organizations (EFOs) to distribute the emergency food to eligible households through local food banks, food pantries and soup kitchens. This assistance is intended to be a supplement; typically the products distributed to each household provide between three and five days of food.

**Weatherization Assistance Program** - The Idaho Weatherization Assistance Program helps Idaho families keep their homes cooler in the summer and warmer in the winter. Families meeting certain eligibility requirements can qualify to have certified crews make home repairs and upgrades that will help lower utility costs. Priority is given to families with children, elderly and disabled members. Some funding may be available to help homeowners with crisis situations. Funding is limited and available year-round on a first-come, first-serve basis.

**Women, Infants & Children (WIC)** - WIC is a federally funded nutrition program for Women, Infants and Children. WIC helps families by providing eWIC cards to buy healthy supplemental foods from local grocery stores (authorized Idaho WIC vendors), nutrition education, help finding healthcare and other community services, and breastfeeding information and support.

### Additional Resources:

- Idaho Careline - [211.idaho.gov](http://211.idaho.gov)

Dial 2-1-1 or 1-800-926-2588

- [Live Better Idaho](#)

The Live Better Idaho (LBI) website helps Idahoans seek, find, and access services from providers who offer those services. LBI's goal is for visitors to quickly and easily find information they need about a service and learn how to receive that service, within three mouse clicks.

- [Treasure Valley United Way](#)

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*Updated March 24, 2020*