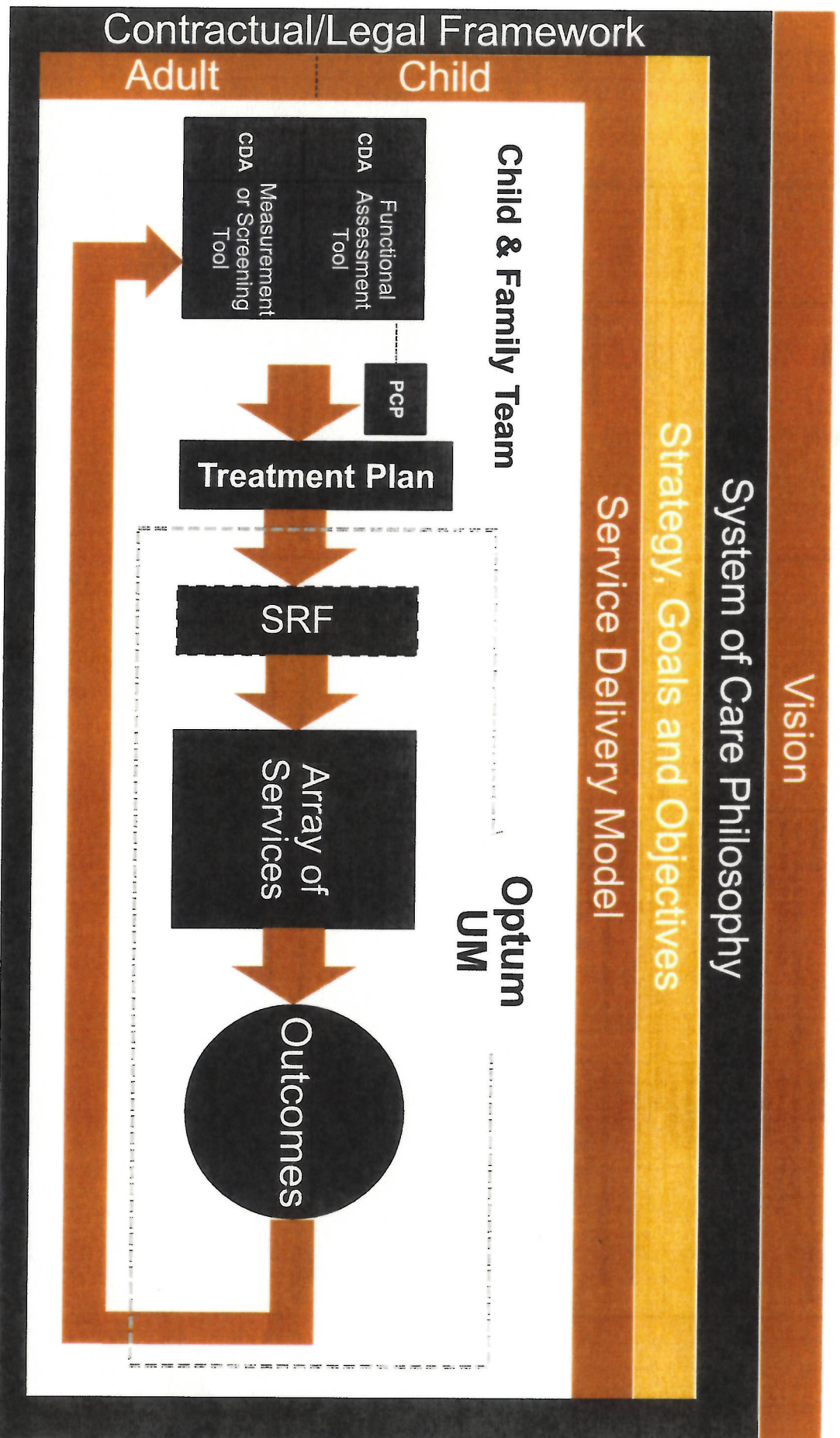


# SYSTEM OF CARE





# PROVIDER ALERT

## Youth Empowerment Services (YES) July 1, 2018 Implementation

May 15, 2018

Dear Providers,

In our continued commitment to keep you updated regarding Youth Empowerment Services (YES), we are notifying you of changes to the Idaho Behavioral Health Plan (IBHP), **effective July 1, 2018**.

This implementation includes new services and updates to some current services, resulting in revisions to the Level of Care Guidelines (LOCG's), Provider Manual and Fee Schedule. Training & Education opportunities and resources will be offered by Optum as the new and updated services are implemented.

### **New & Updated Services**

The new services being implemented **effective July 1, 2018** include the following:

- The Child & Adolescent Needs & Strengths (CANS), the State approved Functional Assessment tool
- Case Consultation, which reimburses providers for time spent on formal consultation with other professionals not in the same agency regarding a member's care; and
- Child & Family Team (CFT) Interdisciplinary Team Meeting, which reimburses providers for time spent in meetings with formal Child & Family Teams.

Existing services will be updated to include language from the Jeff D. Settlement Agreement, along with other clarifications on service delivery:

- Skills Building/CBRS, which focuses on building a youth's competency and skills while increasing functionality in social, communication, rehabilitation, behavioral, or other skills while decreasing behavioral health symptoms;
- Respite, short-term, temporary care for a youth with serious emotional disturbance; and
- Outpatient Services, services such as Treatment Planning used to treat mental health conditions.

The **LOCGs** for the new and updated services will be posted on the Optum Idaho website on June 1, 2018. Please review the LOCGs at [optumidaho.com](http://optumidaho.com) > "Network Providers" > "Guidelines & Policies" > "Level of Care Guidelines Documents".

The **Provider Manual** is being updated to include the information for YES services and will be available online July 1, 2018. The Provider Manual is located on our website: [optumidaho.com](http://optumidaho.com) > "For Network Providers" > "Guidelines and Policies" > "Provider Manual".

Please reach out to [optum.idaho.yes@optum.com](mailto:optum.idaho.yes@optum.com) if you have any questions about the changes to these documents.



# PROVIDER ALERT

## Skills Building/CBRS Training Summary

### May 23, 2018

Dear Provider:

Thank you for joining us for the Skills Building/CBRS provider training. Below is a summary of some of the topics covered during the presentation:

- 1) The team approach was discussed by both Optum and the Psychiatric Rehabilitation Association (PRA). Providers will be reimbursed for their time using code H0032, which will include a new modifier and higher rate. This code may be billed by both clinicians and paraprofessionals to encourage collaboration on developing members' individualized treatment plan.
- 2) The rate for paraprofessionals using the Skills Building/CBRS code H2017 will be increasing.
- 3) The Skills Building/CBRS Service Request Form will be better streamlined and condensed:
  - On June 1 a copy of the new Skills Building/CBRS Service Request Form will be posted on the Optum Idaho website so that providers may view the content to prepare for the transition.
  - All current requests on the Child and Adult CBRS Request Forms must be completed, attested to, and submitted by midnight, Friday, June 29, 2018. Incomplete requests started prior to July 1, 2018 will not carry over to the new form.
  - On July 1, 2018 the new Skills Building/CBRS Request Form will be available for provider use. Providers must use this form to request Skills Building/CBRS services. This form has options for Child and Adult within the same form.
  - Please be aware that on Saturday, June 30, 2018, the system used by providers to electronically submit service request forms will not be accessible to allow for system updates.
- 4) The Skills Building/CBRS Level of Care Guidelines has been revised and will be posted to the Optum Idaho website.
- 5) For Skills Building education, please visit the Optum Idaho website for the Evidence-Based Practice Resource Library to promote the use of scientifically established behavioral health interventions and help provide additional tools for workforce development.

The slide deck presentation, along with the items mentioned above, will be available on the Optum Idaho website under the Network Providers tab, along with Frequently Asked Questions asked during the training.

If you have any questions, please contact your Regional Network Manager or refer to the Provider Manual.

Thank you,  
The Optum Idaho Team



## Access to Medicaid Mental Health Services

The diagram at the bottom of the page illustrates the process for children to receive Medicaid mental health services.

### 1 Schedule an assessment.

- ◆ If your child is Medicaid eligible and you do not want to access respite services, contact the Optum Idaho member line at 1-855-202-0973 for access to Medicaid mental health services that are already available to your child.
- ◆ If your child is not already Medicaid eligible, or is eligible and wants to access respite services, contact Liberty Healthcare at 1-877-305-3469 to schedule an assessment.

### 2 Complete the assessment.

Liberty Healthcare will come to your home to complete an assessment and confirm that your child has serious emotional disturbance (SED). Liberty will contact you within one business day with the results and next steps.

### 3 If not already enrolled, apply for Medicaid.

Submit an application for Medicaid online at <https://idalink.idaho.gov> (or by calling Self-Reliance at 1-877-456-1233) if your child is not already enrolled. Families whose income exceeds traditional eligibility limits should ignore the preliminary eligibility decision displayed online, because a manual review is required to verify SED status and to apply a higher income limit. You will receive a Medicaid eligibility determination letter within five business days of completing your application. If your child is not determined to be Medicaid eligible but has SED, contact the Division of Behavioral Health by phone at 1-855-643-7233 or by email to [yes@dhw.idaho.gov](mailto:yes@dhw.idaho.gov) for next steps.

### 4 Engage with providers.

Once your child is Medicaid eligible, contact the Optum Idaho member line at 1-855-202-0973 to find a provider of mental health services in your area.

### 5 Develop a person-centered plan.

After your child has been determined to be Medicaid eligible and Liberty has confirmed an SED, a plan facilitator from the Division of Behavioral Health or the Division of Family and Community Services will contact you to start development of the person-centered plan. The first step in this process is for you and your child to select a team of providers and other people who can assist you in developing a person-centered plan that will match your child's identified needs with available services and supports.

