

## MEETING MINUTES

Children's Mental Health (CMH) Committee  
Friday, September 20, 2019  
10:00 a.m. - 11:15 a.m.  
Eastern Idaho Public Health Conference Room



**ATTENDEES:** Marco Erickson, Chris Freeburne, Janet Goodliffe, Crista Henderson, Eric Hill, Mallory Johnson, Becky Leatham, Amy Minzghor, Teriann Ness-Parker, Cheryl O'Connell, Tina Ricks, Josie Russell-Adkins, Megan Slusher, and Laura Wallis

### 1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

### ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker

No additional agenda items.

### APPROVAL OF AUGUST 16, 2019 MEETING MINUTES | Teriann Ness-Parker

**Motion:** Chris Freeburne made a motion to approve the August 16, 2019 CMH Committee meeting minutes. **Seconded by Crista Henderson. Motion passed.**

### 2. IDAHO FEDERATION OF FAMILIES | Ruth York

No Report

### 3. YES (Youth Empowerment Services) SYSTEM OF CARE | Josie Russell-Adkins

- The YES practice manual has been updated and can be found on the website at [www.yes.idaho.gov](http://www.yes.idaho.gov).
- YES training videos are available on the ICANS website <https://icans.dhw.idaho.gov>.
- Josie Russell-Adkins reviewed a new ICANS form, Request to Restrict Information. The form is used to restrict information shared and to stop consent. The form is available at <https://icans.dhw.idaho.gov>.
- Coupons for ICANS certification are still available through the Division of Behavioral Health. Email Josie at [josie.russelladkins@dhw.idaho.gov](mailto:josie.russelladkins@dhw.idaho.gov), if you are interested.
- A list of acronyms is available on the YES website under the Parents tab titled "Terms to Know". Josie offered to do an acronyms training at a future meeting.
- Laura Wallis provided information about Coordinated Care Planning.

### 4. PARENT NETWORK | Amy Minzghor/Laura Wallis

- Laura provided information on the Blue Cross Healthy Minds Partnership Roadmap Program. This program provides mentoring for schools to implement on site providers for mental health services. The schools would dedicate a space at the school and mental health services would be provided. Student's medical records would not be accessible by the school. Providers would bill for their services separately. This program would increase access to mental health care. Ms. Wallis has been talking with members of the District 93 School Board to provide information on the program. Schools in the Boise area are participating in the program. Additional information and the grant application can be found at [www.bcidahofoundation.org](http://www.bcidahofoundation.org). Ms. Ness-Parker asked members of the committee to review the information on line and come prepared to discuss it at the next meeting. After discussion, it was decided that support from the schools would be needed prior to trying to get providers on board.
- The Parent Network is still looking for parent representation from regions 1, 2, 5, and 6.
- The 3<sup>rd</sup> Annual Parent Network Workshop will be held in Boise on October 17-19, 2019.



## 5. ANNOUNCEMENTS

- Marco Erickson provided information on the Idaho Office of Drug Policy, Idaho Healthy Youth survey. Schools are being asked to allow students to participate. Data from the survey will help identify specific needs of the community.
- Marco Erickson still has conversation cards available. They are a great tool to start conversations with children and families on the topic of underage drinking.
- Marco Erickson provided information on Life Skills Training. The training teaches students to be resilient. If you have any questions about the Partnership for Success (PFS) grant, contact Grant Coordinator, Marco Erickson, at [merickson@eiph.idaho.gov](mailto:merickson@eiph.idaho.gov).
- Becky Leatham, Community Youth in Action (CYA), provided information on a grant request for youth to attend the 2019 Advancing School Mental Health Conference in November. The students will not only be able to gain knowledge but also highlight the great things being done in our area. For additional information on CYA, contact Becky at [cya.becky@gmail.com](mailto:cya.becky@gmail.com). In addition, CYA is now offering free after school tutoring from 4:30-6:30 p.m., five days/week.
- Amy Minzghor announced Community Suicide Prevention would participate in the Out of Darkness Walk on Saturday, September 28, 2019. The walk will be held at Freeman Park. Registration will be at 8:00 a.m. and the walk will begin at 10:00 a.m. and end at 2:00 p.m.
- Josie Russell-Adkins announced there is a statewide ICANS user group call on the 3<sup>rd</sup> Thursday of every month for providers. For additional information, go to the calendar on their website at <https://icans.dhw.idaho.gov>.

## 6. PUBLIC COMMENT

No public comment

## 7. ADJOURN

The meeting was adjourned at 11:20 a.m.

**Next Meeting: The October 2019 CMH Committee meeting has been cancelled. The November meeting is scheduled for 11/15/2019 at 10:00 a.m. at Eastern Idaho Public Health.**