

SFY 18 Gaps and Needs Analysis Region 7 Behavioral Health Board

Subcommittee/Topic	Needs/Barriers	Goal	Timeline to Accomplish Goals <i>(If goal has been identified, but deferred to a subsequent year, please enter "Deferred")</i>	Action Plan (optional)	Accomplishments	Goal Achieved
Access to Behavioral Healthcare	<ol style="list-style-type: none"> Lack of insurance leads to limited or no access to medical, dental, vision, and psychiatric, mental health care. Lack of knowledge and understanding by primary care, including urgent care centers, of how to access behavioral health services. 	<ol style="list-style-type: none"> Identify/coordinate/distribute behavioral health resource lists within the region Collaborate with Optum to provide primary care provider education. 	Ongoing		<ul style="list-style-type: none"> Linked the R7BHB's section on EIPH's website to the community resource guide on the website so people would have easier accessibility to the information. Continually reviewed the community resource guide to make sure it reflects the current behavioral health services available in the region. Sent a letter to Russell Barron giving the Board's support to HB 464 (access to health insurance/dual waiver). Board members help educate the public on this need. Shared information on YES and various trainings, conferences, articles, etc. through the R7BHB listserv. To increase the knowledge of the R7BHB, Optum presented information on the System of Care Philosophy, YES, skills building/CBRS, and how to access CMH services through Medicaid. Board member attended BH workgroup through Madison Memorial Hospital. ART Therapy training – provided patients greater access to treatment programs. Held the June R7BHB meeting in Challis to provide resources and education to the rural communities. 	Yes; ongoing
Peer Support and Recovery Coaches	Lack of peer support and recovery coaches in the region.	<ol style="list-style-type: none"> Advocate and continue to support efforts to develop statewide certification and Medicaid reimbursement for support specialists. Support trainings for peer support and recovery coaches. 	Ongoing		<ul style="list-style-type: none"> Promoted the Recovery and Peer Support Specialists Training in 3/2018 Shared information on peer support and recovery coach trainings, activities, etc. through the R7BHB listserv. 	Yes; ongoing
Homelessness/Housing	Lack of shelter capacity and transitional housing in the region.	Send representative from the R7BHB to Housing Coalition meetings and report back at monthly BHB meetings.	Ongoing		Identified a R7BHB member to represent the Board at Housing Coalition meetings and trainings. Any pertinent information is reported back to the Board during monthly meetings during the Community Report section on the agenda.	Yes; ongoing

<p>Crisis Beds</p> <ul style="list-style-type: none"> • Crisis Stabilization Committee 	<p>Lack of crisis beds in the community for adult, adolescent, and pediatric patients.</p>	<ol style="list-style-type: none"> 1. Form subcommittee on crisis stabilization to address gaps/needs 2. Engage the new BHC Director in the planning process 	<p>Ongoing</p>		<ul style="list-style-type: none"> • Met with the Director of BHC about the formation of a Crisis Stabilization Committee. The formation of the committee was postponed, for now, due to the overlap of topic/information of the newly developing Crisis Intervention Team Collaborative in the region. • Meetings held between jails, courts, and DBH to collaborate on individuals in the facilities who have BH needs and helping them access inpatient services as needed. • Stepping Up Initiative is ongoing in the region (goal to divert people with BH issues away from the justice system). Efforts may be made to combine this with the Crisis Intervention Team Collaborative. 	<p>Deferred</p>
<p>Community Substance Use Resources</p>	<p>Lack of detoxification services and substance use resources and education in the community.</p>	<ol style="list-style-type: none"> 1. Explore options for subacute detoxification services outside hospitalization. 2. Obtain, distribute, and educate people on Naloxone and other topics relative to substance use and recovery. 	<p>Ongoing</p>		<ul style="list-style-type: none"> • Obtained and distributed 8 Naloxone kits to the Behavioral Health Crisis Center of East Idaho and law enforcement and EMS personnel in rural counties. • Shared information with rural counties about the ODP grant opportunity for Naloxone kits. • Shared information to the Board about the location of prescription drug drop boxes and a patient assistance program for Naloxone implemented at a local pharmacy. • Behavioral Health Crisis Center of Eastern Idaho is providing social detox services. 	<p>Yes; ongoing</p>
<p>Education: Community</p>	<p>Lack of community knowledge of behavioral health warning signs and early detection and interventions.</p>	<p>Provide community outreach and education through presentations, trainings, and marketing campaigns.</p>	<p>Ongoing</p>		<ul style="list-style-type: none"> • Provided behavioral health education via Facebook during Recovery Month (September) and Mental Health Awareness Month (May). Also, shared via Facebook, through the year, information on a variety of behavioral health topics. • Submitted and had published in The Post Register, a suicide awareness article. • Participated in the Recovery Celebration in 9/2017. • Participated in the SPAN Symposium in 9/2017. • Participated in the yearly NAMI conference in Bonneville County in 10/2017 and the Mental Health Conference in Madison County in 10/22017. • Facilitated the Center For HOPE rock painting activity in March 2017. • Disseminated, throughout the year, as it became available, information on YES and the Parent Network. • Promoted the Stewards of Children "Darkness to Light" training in the region in 2/2018. 	<p>Yes; ongoing</p>

Education - Early Childhood	Lack of knowledge in early intervention programs of behavioral health resources available to them.	Maintain partnerships with early intervention programs and provide education and assistance as needed.	Ongoing		<ul style="list-style-type: none"> The R7BHB liaison from EIPH is on the Board of Directors for Eastern Idaho Community Action Partnership which administers the Head Start and Early Head Start program. She frequently shares with them information about behavioral health and the activities of the R7BHB. R7BHB Board member is on the board of the Idaho Children's Trust Fund. 	Yes; ongoing
Education - School Site • Children's Mental Health Committee	Lack of knowledge within the school system of behavioral health warning signs/early detection, interventions, and available resources.	Develop a comprehensive plan to address behavioral health issues within the school/education system.	Ongoing		<ul style="list-style-type: none"> Promoted and attended the Hope Squad Suicide Prevention training for middle and high schools in 3/2018. Partnered with Compass Academy High School in Idaho Falls for a full range of CMH activities for 2 days during May 2018. Activities included a behavioral health panel discussion with students, parents, and the community, two screenings of <i>Screenagers</i>, a poster contest, community conference, and concert (proceeds were donated to local behavioral health programs). 	Yes; ongoing
Family Involvement	Lack of family involvement in all aspects of behavioral health care.	<ol style="list-style-type: none"> 1. Include family members in all aspects of systems of care including trainings, educational activities, R7BHB meetings, and support groups. 2. Maintain partnership with NAMI and Idaho Federation of Families. 	Ongoing		<ul style="list-style-type: none"> Invited children with behavioral health needs to attend and participate in the Children's Mental Health Committee meetings. There have been several meetings throughout the year where they have attended and provided input. Participated in NAMI's annual conference in 10/2017. Information from Idaho Federation of Families is a standing agenda item at the CMH Committee meeting. Partnered with Idaho Federation of Families during CMH Awareness Week in 5/2018. Parent Network 	Yes; ongoing
Data Collection and Sharing	Lack of reliable information to make data driven decisions.	Collaborate with community partners to gather key data to inform decision making.	Ongoing		<ul style="list-style-type: none"> CANS 	Yes; ongoing
Assessing Gaps and Needs	Accurately capturing the gaps and needs in the community across all spectrums of behavioral health.	Develop mechanism for the community to bring identified Gaps & Needs to the R7BHB.	Ongoing		Developed a mechanism through Eastern Idaho Public Health's website where community members could provide input of their perceived gaps and needs relating to behavioral health. Promoted through Facebook.	Yes; ongoing

Cultural Competency	Lack of cultural competence while providing education and services.	All trainings, presentations, and outreach will be socially, culturally, and linguistically proper to meet the needs of the participants.	Ongoing		<ul style="list-style-type: none"> • Had students from Compass Academy High School present at Board meetings to get a better understanding of the needs of youth in the region. • Held our June meeting in Challis, Idaho to get a better understanding of the needs of people from rural communities. • Made attempts to provide materials in Spanish when the need arises. 	Yes; ongoing
Crisis Intervention Training (CIT)	Sustainability of future training; reaching throughout the 10 county region to provide training.	Provide CIT training in the region.	Ongoing		Helped to fund a five-day CIT training in Bonneville County in April 2018. Funding was available for rural counties to send officers to be trained.	Yes; ongoing
Strategic Planning	Time needed to review and update the plan; integrating substance use and mental health needs for all ages.	Analyze the gaps and needs and review and update the R7BHB strategic plan as needed.	Ongoing		Reviewed and updated Strategic Plan during monthly R7BHB meetings.	Yes; ongoing