

**GOAL 1: TRANSFORM FRAGMENTED SERVICES INTO A HIGH QUALITY,
SUSTAINABLE SYSTEM OF CARE ACROSS REGION 7**

Outcome Objective 1.1: Enhance cross-agency communication, cooperation, and collaboration.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
1.1.1. Hold monthly Behavioral Health Board meetings.	As noted	Monthly	Chair of R7BHB with assistance from EIPH Board Liaison	Meeting minutes	Ongoing
1.1.2. Maintain required board membership; educate board members; encourage attendance at meetings.	1.1.2a Identify potential board members and encourage diversity across the region.	1.1.2a As needed (at least yearly)	1.1.2a R7BHB with assistance from EIPH	1.1.2a Board positions filled	Ongoing
	1.1.2b Personal contact and inquiry.	1.1.2b Monthly	1.1.2b R7BHB Secretary	1.1.2b Attendance/Contact Log	
	1.1.2c Distribution of meeting minutes.	1.1.2c Monthly	1.1.2c EIPH Board Liaison	1.1.2c Minutes posted on website	
1.1.3. Develop system performance and accountability measures.	1.1.3a Maintain Strategic Plan.	1.1.3a Annually, by September	R7BHB	1.1.3a Plan updated annually	Completed 9/8/2017
	1.1.3b Develop specific subcommittees, including Children's Mental Health committee.	1.1.3b As needed; review annually		1.1.3b Minutes from established subcommittees	Ongoing
	1.1.3c Support local and regional Youth Councils.	1.1.3c Ongoing		1.1.3c Reporting at R7BHB meeting, documentation in meeting minutes	Ongoing
	1.1.3d Support statewide certification process for wraparound facilitators.	1.1.3d Ongoing		1.1.3d Discussion/Action by R7BHB; documented in meeting minutes	Ongoing
	1.1.3e Support Trainings for peer support and recovery coaches.	1.1.3e Ongoing		1.1.3e Discussion/Action by R7BHB; documented in meeting minutes	Ongoing
1.1.4. Conduct Gaps and Needs Analysis which includes entire region.	1.1.4a Gather information.	1.1.4a Monthly at R7BHB Meetings	R7BHB	1.1.4a Documented in R7BHB meeting minutes	Ongoing
	1.1.4b Incorporate Gaps and Needs into Strategic Plan.	1.1.4b Annually, by September	R7BHB in collaboration with community partners	1.1.4b Finalized Gaps & Needs Analysis	Completed 9/2017
	1.1.4c Appropriate education to R7BHB (and community, as appropriate) on Gaps and Needs.	1.1.4c Ongoing	EIPH Board Liaison	1.1.4d Education/Training provided (documented in R7BHB meeting minutes)	Ongoing
	1.1.4d Develop mechanism for the community to bring identified Gaps &	1.1.4d 12/31/2017		1.1.4e Mechanism Developed	Pending

	Needs to the R7BHB (include as a standing board agenda item).				
1.1.5. Intentionally identify and advocate for regional issues with regional, state, and private partners.	Move information up the ladder.	Ongoing	R7BHB and EIPH Board Liaison	Efforts reported and documented in R7BHB meeting minutes	Ongoing

Outcome Objective 1.2: Create a self-sustaining system-of-care for behavioral health					
Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
1.2 Ensure that key stakeholders (families, youth, providers, and community members) are active participants in meetings involving planning, governing, and evaluating the system.	1.2a. Inform stakeholders beforehand about meetings and events.	1.2a Ongoing	R7BHB and EIPH Board Liaison	1.2a Emails sent, information posted on website and social media	Ongoing
	1.2b Invite and involve youth and families through email, phone calls, and newsletters to help in empowering youth and their families.	1.2b Ongoing	CMH Subcommittee	1.2b Names listed as attendees on R7BHB and CMH Committee minutes	Ongoing

GOAL 2: HELP ENSURE ADULTS AND CHILDREN WITH BEHAVIORAL HEALTH CHALLENGES ARE IDENTIFIED EARLY AND PROVIDED AGE AND DISEASE APPROPRIATE, EVIDENCE-BASED TREATMENT(S) AND/OR INTERVENTIONS

Outcome Objective 2.1: Develop better linkages between behavioral health and primary medical care.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
2.1.1. Form subcommittee of R7BHB to develop linkages with medical care including physical health, dental care and vision care.	2.1.1a Identify subcommittee members.	2.1.1a Fall 2018	2.1.1a R7BHB Chair/Board	Reports to R7BHB; documentation in meeting minutes	Pending
	2.1.1b Coordinate with CMH subcommittee.	2.1.1b Ongoing	2.1.1b Chair of CMH Committee & newly formed subcommittees		Ongoing
2.1.2. Identify / Coordinate resource lists within the region.	2.1.2.a Compile Resource Lists that are identified by R7BHB board members or community partners.	Fall 2018	2.1.2.a EIPH Board Liaison	Resource lists distributed and posted on EIPH website	Pending
	2.1.2.b Share resource lists with providers and community partners throughout the region.		2.1.2.b R7BHB and Community Partners		Pending
2.1.3 R7BHB will collaborate with Optum to provide education to primary care providers.	2.1.3 Assist in the promotion of Optum's trainings.	Fall 2018	Optum & R7BHB	Trainings provided by Optum, with quarterly reports to R7BHB Board	Ongoing

Outcome objective 2.2: Families/individuals will have access to peer support specialists, family support specialists, and recovery coaches.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
2.2.1 Support and advocate for Peer support specialists, family support specialists and recovery coaches across the region.	2.2.1a Collaboration will be increased and sustained with Optum's peer and family support trainings.	2.2.1a Ongoing	R7BHB & Optum	Discussion at R7BHB meetings; documented in minutes	Ongoing
	2.2.1b The R7BHB will advocate and continue to support efforts to develop statewide certification and Medicaid reimbursement for support specialists.	2.2.1b Ongoing			Ongoing

Outcome Objective 2.3: R7BHB will partner with community-based groups to address housing concerns in region.					
Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
2.3.1 R7BHB will provide a representative to collaborate/attend monthly Housing Coalition Meeting.	2.3.1 A R7BHB member will be assigned as a representative on housing coalition.	2.3.1 December 31, 2017	2.3.1 R7BHB Secretary	2.3.1 R7BHB Housing representative identified	Pending
2.3.2 R7BHB will collect data on housing needs for each county in the region.	2.3.2 Conduct environmental scan and report available data on housing gaps and needs in the region.	2.3.2 At least quarterly reports to 2018	2.3.2 R7BHB Housing Coalition Rep	2.3.2 Reports from Housing Coalition meetings and housing data provided to R7BHB by assigned representative	Ongoing
Outcome Objective 2.4: Support plan to address lack of adult, adolescent, and pediatric psychiatric crisis beds and substance use resources in the region.					
Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
<p>2.4.1 Improve communication about hospital actions that may limit bed availability and result in diversion to other hospitals outside of region or state.</p> <p>2.4.2 Engage the Director of BHC in community planning.</p> <p>2.4.3 Work on long-term solutions to address bed availability, including better treatment options, crisis prevention, medical management, etc.</p> <p>2.4.4 Explore options for subacute detoxification services outside hospitalization and develop plan.</p> <p>BHC's acute bed capacity 28 adult 17 adolescent</p> <p>2.4.5 Increase Opioid Treatment Resources in the Community.</p>	<p>2.4.1 Address psychiatric bed availability at the quarterly Protective Custody Hold meetings and report back to BHB board.</p> <p>2.4.2 Develop plan of engagement and collaboration with director of BHC to address concerns and needs.</p> <p>2.4.3a Develop environmental scan that includes data on causes of inpatient hospitalization that could be addressed or prevented outside of institutional setting.</p> <p>2.4.3b Review policy or standard operating procedures that may use hospitalization as default treatment when other resources may be more appropriate and less costly.</p> <p>2.4.3c Involve families at all levels of solution seeking activities.</p> <p>2.4.4a Create resource list for detoxification services which includes current treatment options; availability across region.</p>	<p>2.4.1 Ongoing</p> <p>2.4.2 Dec. 2017</p> <p>2.4.3a Fall 2018</p> <p>2.4.3b Fall 2018</p> <p>2.4.3c Ongoing</p> <p>2.4.4a Fall 2018</p> <p>2.4.4b Fall 2018</p> <p>2.4.5 Fall 2018</p>	<p>2.4.1 Randy Rodriquez</p> <p>2.4.2 – 2.4.4 R7BHB subcommittee on crisis stabilization and Director of Behavioral Health Crisis Center of East Idaho</p> <p>2.4.5 R7BHB</p>	<p>2.4.1 Reports to R7BHB from quarterly Protective Custody Hold meetings; documented in meeting minutes</p> <p>2.4.2 – 2.4.4 Reports at R7BHB meetings from crisis stabilization subcommittee; documented in meeting minutes</p> <p>2.4.5 List of organizations that have received and been educated on Naloxone kits</p>	<p>2.4.1 Ongoing</p> <p>2.4.2 Pending</p> <p>2.4.3a Pending</p> <p>2.4.3b Pending</p> <p>2.4.3c Ongoing</p> <p>2.4.4a Pending</p> <p>2.4.4b Ongoing</p> <p>2.4.5 Completed August 2017</p>

	2.4.4b Explore funding sources for detoxification services.				
	2.4.5 Obtain, distribute, and educate people on Naloxone kits.				

Outcome Objective 2.5: Support and implement appropriate responses to facilitate recovery across key community intercepts where adults and children with behavioral health issues intersect with multiple agencies.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
<p>2.5.1 Support systemic transformation through System of Care process across all agencies and organizations in region.</p> <p>2.5.2 Facilitate training on system of care approach, including intensive case management and Youth Empowerment Services across the region.</p> <p>2.5.3 Seek funding to develop and sustain programs that are evidence-based and rely on system of care principles.</p> <p>2.5.4 Assist in developing adequate and responsive crisis intervention teams across region.</p> <p>2.5.5 Address gaps in system for crisis issues involving traumatic brain injury and/or dementia.</p> <p>2.5.6 Seek necessary policy or statute changes to address gaps and provide systemic transformation.</p> <p>2.5.7 Increase number of psychiatrists across region.</p> <p>2.5.8 Include special needs of veterans across all services.</p>	<p>Intercept 1 – Community and Law Enforcement</p> <p>2.5.1 through 2.5.5a Connect recovery community and develop referral system that follows individual back and forth through systems.</p> <p>b – Increase communication and planning across systems using systems of care principles.</p> <p>c – Develop list of community agencies working on elder care issues such as dementia and issues of residents with traumatic brain injuries and incorporate their activities and resources to enhance BHB response.</p> <p>d – Pursue discussion with BHC addressing staffing needs on weekends.</p> <p>e – Training, seminars, information to private providers on systems of care approach and connecting with mental health services.</p> <p>Intercept 2 – Initial Detention and Appearance</p> <p>a. Address policies of \$10 charge to see medical provider in jail; cost-based limits on antipsychotic drugs in jail; timely manner of 211 competency evaluation; 211 competency on misdemeanors that take up time and resources.</p>	All - Ongoing	<p>Intercept 1 R7BHB BHC Optum IDHW-DBH Veteran’s Court/ Melanie Fowers Mental Health Court</p> <p>Intercept 2 R7BHB Bonnevill County BHC Veteran’s Court/ Melanie Fowers</p>	<p>Intercept 1 List of trainings and attendees Reports to R7BHB about trainings, meetings; documented in meeting minutes. Copies of completed grant applications</p> <p>Intercept 2 Report at R7BHB meeting on policies changes; documented in meeting minutes</p>	Intercept 1-5 Ongoing

	<p>b. Develop processes to share information across agencies to provide better response and ongoing care.</p> <p>Intercept 3 – Jail and Court</p> <p>a. Develop plan to address concerns and challenges associated with medications in jail.</p> <p>b. Using systems of care approach, develop plan to reduce and/or eliminate fragmentation of services to persons in jail.</p> <p>Intercept 4 Reentry</p> <p>a. Address concerns of inmates who “top out” and do not receive discharge planning and follow-up resources.</p> <p>b. Develop plan to address concerns and challenges associated with medications in jail and at time of release.</p> <p>Intercept 5 Community Corrections</p> <p>a. Investigate policy of drug testing for drugs outside of initial case.</p> <p>b. Peer Recovery and Support (See Objective 2.2.1).</p> <p>c. Primary health needs (vision, dental, medications) (See objective 2.1.1).</p>		<p>Intercept 3 R7BHB Bonnevill County BHC Veteran’s Court/ Melanie Fowers Mental Health Court</p> <p>Intercept 4 R7BHB Bonnevill County BHC Veteran’s Court/ Melanie Fowers Mental Health Court</p> <p>Intercept 5 R7BHB Bonnevill County IDOC Center For HOPE Optum Veteran’s Court/ Melanie Fowers Mental Health Court</p>	<p>Intercept 3 Report at R7BHB meeting on progress; documented in meeting minutes</p> <p>Intercept 4 Report at R7BHB meeting on progress; documented in meeting minutes</p> <p>Intercept 5 Report at R7BHB meeting on progress; documented in meeting minutes List of trainings and support services provided</p>	
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GOAL 3: REDUCE STIGMA ASSOCIATED WITH BEHAVIORAL HEALTH ISSUES; INCREASE COMMUNITY KNOWLEDGE OF WARNING SIGNS AND EARLY DETECTION AND INTERVENTIONS.

Outcome Objective 3.1: Reduce stigma associated with behavioral health and increase community knowledge of warning signs and early detection of mental illness and substance use disorders.

<i>Process Objectives</i>	<i>Activities</i>	<i>Timeline</i>	<i>Person Responsible</i>	<i>Process Measures</i>	<i>Progress to Date</i>
<p>3.1.1. Conduct marketing campaigns reaching at least 2 key audiences per year (e.g. Primary care providers, students, cultural minorities, child care providers).</p> <p>3.1.2. Provide community outreach to at least 1000 community members per year, with an emphasis on underserved populations.</p>	<p>3.1.1a Research marketing opportunities throughout the year.</p> <p>3.1.1b Implement marketing campaigns. Examples of possible campaigns include Children’s Mental Health Awareness Week/Month, Suicide Prevention Awareness Month, Recovery Month, etc.).</p> <p>3.1.2a Research opportunities throughout the region to provide community outreach and education.</p> <p>3.1.2b Provide education through attending community events (possible events include town hall meetings, block parties, Latino parent meetings, community events, etc.).</p> <p>3.1.2c Provide education through articles in newspapers and magazines.</p>	September 2018	<p>R7BHB</p> <p>EIPH Board Liaison</p> <p>Community Partners</p>	<p>3.1.1a-b Social media campaign results</p> <p>3.1.2a-b Event attendance and survey results</p> <p>3.1.2c Copies of articles</p> <p>3.1.1a – 3.1.2c Reports at monthly R7BHB meetings on campaigns and community outreach efforts; documented in meeting minutes</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>
<p>3.1.3 Provide trainings in evidence-based treatments, curriculums, programs through coordination with state and community partners. Trainings could include Mental Health First Aid for adults and/or children, ACT Team, Crisis Intervention, suicide prevention, substance use prevention, Naloxone kit use, and other appropriate trainings, etc.</p>	<p>3.1.3a Establish subcommittee on trainings to review and disseminate information, as needed.</p> <p>3.1.3b Maintain website or publish in other websites information about trainings to partners, community members, and families.</p> <p>3.1.3c Sponsor appropriate trainings and/or secure additional training resources across the region.</p>	Ongoing	R7BHB	<p>3.1.3a List of sub-committee members</p> <p>3.1.3b Information posted on website</p> <p>3.1.3c List of trainings conducted and evaluations submitted at the completion of training</p> <p>Reports at R7BHB meetings trainings; documented in meeting minutes</p>	<p>Pending</p> <p>Ongoing</p> <p>Ongoing</p>

Outcome Objective 3.2: Provide guidance and additional support for home visitation programs, Head Start programs, and other early intervention programs that work with at risk children and families.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
3.2.1 Coordinate with ongoing and developing early childhood home visitation and Head Start programs to provide additional supports and/or guidance for resources addressing behavioral health issues for both children and families.	3.2.1a Maintain partnerships with Eastern Idaho Public Health, Madison School District and other school districts, local Head Start and Early Head Start programs. 3.2.1b Develop plan using Children’s Mental Health Subcommittee and Regional Early Childhood Committee.	Ongoing	Chair of Children’s Mental Health Committee and Committee R7BHB Regional Early Childhood Committee	Parents as Teachers Database ASQ3SE	Ongoing Pending

Outcome objective 3.3: Assist in developing and implementing positive behavioral interventions and supports in schools that address social emotional needs, substance use prevention, and suicide prevention education.

3.3.1. Work with area coalitions, agencies, schools and other community partners to establish coordinated effort to increase educational opportunities in area addressing social emotional needs and substance abuse prevention.	3.3.1 Form educational subcommittee with community partners and Children’s Mental Health Subcommittee to develop comprehensive plan.	Ongoing	R7BHB Chair/Board CMH Chair/Committee Community Partners	List of sub-committee members with reports back to Board during meetings; documented in minutes	Pending
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GOAL 4: EMPOWER FAMILIES TO PROVIDE LEADERSHIP IN ALL ASPECTS OF BEHAVIORAL HEALTH SYSTEM

Outcome Objective 4.1: Increase family participation and interaction with providers and systems in the planning and delivery of behavioral health services.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
4.1.1 Family members will be included in all aspects of systems of care including training, educational activities, and support groups.	4.1.1a Maintain relationship with NAMI and Idaho Federation of Families. 4.1.1b Family representation on R7BHB and R7BHB subcommittees. 4.1.1c Networking with providers and families. 4.1.1d Other specialized training opportunities. 4.1.1e Families trained and ready to mentor other families. 4.1.1f Feedback loop established from family organizations to R7BHB.	Ongoing	Family Support Systems R7BHB EIPH Board Liaison	4.1.1b Sign in sheets for R7BHB and CMH Committee meetings 4.1.1c & d Reported at monthly R7BHB meetings; documented in meeting minutes 4.1.1e Attendance sheets at trainings and sign-up sheet for families who are interested in future activities or who want to volunteer 4.1.1f Family organization reports at R7BHB and CMH Committee meetings; documented in meeting minutes	Ongoing Ongoing Pending Ongoing

GOAL 5: PROVIDE CULTURALLY COMPETENT AND COMMUNITY-BASED SERVICES.

Outcome Objective 5.1. Increase cultural competence in target areas by providing services that are socially, culturally, and linguistically proper to meet the needs of participants.

<i>Process Objectives</i>	<i>Activities</i>	<i>Timeline</i>	<i>Person Responsible</i>	<i>Process Measures</i>	<i>Progress to Date</i>
5.1.1 Develop a plan, which includes trainings, to address cultural and linguistic competency. 5.1.2 Trainings conducted will include section on addressing cultural and linguistic competency.	5.1.1a-b Organize trainings in cultural competence to service providers.	Ongoing	R7BHB	Attendance sheet at trainings and evaluations submitted at the completion of the trainings Training information overview presented at R7BHB meetings; documented in the meeting minutes	Pending

GOAL 6: BEHAVIORAL HEALTH BOARD WILL USE DATA-BASED DECISION MAKING AND EVALUATION PROCESSES TO INFORM STRATEGIC PLAN.

Outcome Objective 6.1: Establish and utilize evaluation practices that ensure fidelity to best practices and effective decision-making.

Process Objectives	Activities	Timeline	Person Responsible	Process Measures	Progress to Date
6.1.1. Collect and analyze regional data to make data driven decisions.	6.1.1a Identify core performance indicators and collection points. 6.1.1b Pursue opportunities to develop data that can be shared across multiple agencies to provide better response and ongoing care. 6.1.1c Collaborate with Optum and Medicaid to gather key data that can inform decisions.	Ongoing	R7BHB	6.1.1a List of indicators and collection points 6.1.1b Copy of information disseminated 6.1.1c Copy of gathered data	Ongoing