

WIC Formula Options

If you have the “substitute formula” on your WIC balance:

- You can purchase any of the formulas and sizes listed in the table below.
- If you want to purchase a similar formula, find your regular formula in the table and choose one of the options listed underneath.
- The WICShopper App can help you figure out how many cans you can buy.
 - Larger sized formula containers will remove more than one can from your balance – see the exchange rate in the chart.
- Call your WIC clinic if you have questions.

Buying 1 can of this size...	Will use this many cans of your “Substitute Formula” benefits
12.4 – 12.9oz	= 1 can
19.4 – 22.2oz	= 1.5 cans
23.2 – 27.7oz	= 2 cans
28.3 – 33.2oz	= 2.5 cans
34 - 35oz	= 3 cans

Alternative Powder Formula Options		
Similac Advance Substitutions	Size of Containers	Exchange Rate
Comforts Infant (Kroger)	22.2 oz	= 1.5 cans
Comforts Advantage (Kroger)	23.2 oz	= 2 cans
Enfamil Infant (Mead Johnson)	12.5 oz	= 1 can
	21.1 oz	= 1.5 cans
	29.4 oz	= 2.5 cans
Enfamil NeuroPro Infant (Mead Johnson)	20.7 oz	= 1.5 cans
	28.3 oz	= 2.5 cans
Good Start Gentle (Gerber)	12.7 oz	= 1 can
Good Start A2 (Gerber)	20 oz	= 1.5 cans
Parent’s Choice Advantage (Walmart)	12.4 oz	= 1 can
	23.2 oz	= 2 cans
	35 oz	= 3 cans
Parent’s Choice Infant (Walmart)	12.5 oz	= 1 can
	22.2 oz	= 1.5 cans
	36 oz	= 3 cans

Signature Care Advantage (Safeway/ Albertsons)	23.2 oz	= 2 cans
	35 oz	= 3 cans
Signature Care Infant (Safeway/ Albertsons)	22.2 oz	= 2 cans
	35 oz	= 3 cans
Similac Advance (Abbott)	30.8 oz	= 2.5 cans
Similac Pro Advance (Abbott)	30.8 oz	= 2.5 cans
Similac 360 Total Care (Abbott)	30.8 oz	= 2.5 cans
Tippy Toes Infant	22.2 oz	= 2 cans
	35 oz	= 3 cans
Tippy Toes Advantage	23.2 oz	= 2 cans
	35 oz	= 3 cans

Similac Sensitive Substitutions	Size of Containers	Exchange Rate
Comforts Sensitivity (Kroger)	22.5 oz	= 1.5 cans
	33.2 oz	= 2.5 cans
Enfamil NeuroPro Gentlease (Mead Johnson)	12.4 oz	= 1 can
	19.5 oz	= 1.5 cans
	27.4 oz	= 2 cans
Enfamil NeuroPro Sensitive (Mead Johnson)	19.5 oz	= 1.5 cans
Parent's Choice Sensitivity (Walmart)	12 oz	= 1 can
	19.8 oz	= 1.5 cans
	34 oz	= 3 cans
Similac Sensitive (Abbott)	29.8 oz	= 2.5 cans
Similac Pro Sensitive (Abbott)	29.8 oz	= 2.5 cans
Similac 360 Total Care Sensitive (Abbott)	30.2 oz	= 2.5 cans
Tippy Toes Sensitivity	22.5 oz	= 1.5 cans
	33.2 oz	= 2.5 cans

Similac for Spit Up® Substitutions	Size of Containers	Exchange Rate
Enfamil A. R. (Mead Johnson)	12.9 oz	= 1 can
	19.5 oz	= 1.5 cans
	27.4 oz	= 2 cans
Tippy Toes For Spit-Up	21.5 oz	= 1.5 cans

Similac Total Comfort® Substitutions	Size of Containers	Exchange Rate
Comforts Gentle (Kroger)	21.5 oz	= 1.5 cans
Enfamil Gentlease (Mead Johnson)	12.4 oz	= 1 can
	19.9 oz	= 1.5 cans
	27.7 oz	= 2 cans

Enfamil Reguline (Mead Johnson)	12.4 oz	= 1 can
	19.5 oz	= 1.5 cans
Good Start Gentle Pro (Gerber)	20 oz	= 1.5 cans
	32 oz	= 2.5 cans
Good Start SoothePro (Gerber)	12.4 oz	= 1 can
	19.4 oz	= 1.5 cans
	30.6 oz	= 2.5 cans
Parent's Choice Gentle (Walmart)	12.4 oz	= 1 can
	21.5 oz	= 1.5 cans
	34 oz	= 3 cans
Signature Care Gentle (Safeway/ Alberton's)	21.5 oz	= 1.5 cans
Similac Pro Total Comfort (Abbott)	29.8 oz	= 2.5 cans
Tippy Toes Gentle	21.5 oz	= 1.5 cans
	33.2 oz	= 2.5 cans

Similac Alimentum® & Similac Elecare and/or Jr®

For a replacement call your Local Agency clinic during clinic hours.

Similac Soy Isomil® Substitutes	Size of Containers	Exchange Rate
Comforts Soy (Kroger)	22 oz	= 1.5 cans
Enfamil Soy Prosobee (Mead Johnson)	12.9 oz	= 1 can
	22 oz	= 1.5 cans
Good Start Soy (Gerber)	12.9 oz	= 1 can
Parent's Choice Soy (Walmart)	22 oz	= 1.5 cans
Tippy Toes Soy	22 oz	= 1.5 cans

<p>Example 1: WIC account has 10 cans</p> <p>At the store you find: Parent's Choice Advantage 23.2 oz cans, Enfamil NeuroPro Infant 28.3 oz & Good Start Gentle 12.7 oz</p>	<p>Exchange rate: 1 can of Parent's Choice Advantage 23.2 oz = 2 cans equivalent 1 can of Enfamil NeuroPro Infant 28.3 oz = 2.5 cans equivalent 1 can of Good Start Gentle 12.7 oz = 1 can equivalent</p> <p><i>*Add the exchange rates of the formula to equal 10 cans (dependent on size and brand)</i></p> <table border="0"> <tr> <td>You buy:</td> <td>Equivalent can amount</td> </tr> <tr> <td>2 cans of Enfamil would equal</td> <td>$2.5 + 2.5 = 5$ cans equivalents</td> </tr> <tr> <td>1 can of Parent's Choice would equal</td> <td>$2 = 2$ cans equivalents</td> </tr> <tr> <td>3 cans of Good Start would equal</td> <td>$1 + 1 + 1 = 3$ cans</td> </tr> </table> <p><i>Add the Exchange Rates together: $5 + 2 + 3$ and it equals 10 cans</i> Leaves the store with two Enfamil NeuroPro Infant 28.3 oz size cans, one Parent's Choice Advantage 23.2 oz sized cans and three Good Start Gentle 12.7 oz cans</p>	You buy:	Equivalent can amount	2 cans of Enfamil would equal	$2.5 + 2.5 = 5$ cans equivalents	1 can of Parent's Choice would equal	$2 = 2$ cans equivalents	3 cans of Good Start would equal	$1 + 1 + 1 = 3$ cans
You buy:	Equivalent can amount								
2 cans of Enfamil would equal	$2.5 + 2.5 = 5$ cans equivalents								
1 can of Parent's Choice would equal	$2 = 2$ cans equivalents								
3 cans of Good Start would equal	$1 + 1 + 1 = 3$ cans								
<p>Example 2: WIC account has 7 cans</p> <p>At the store you find: Enfamil Gentlease 27.7 oz cans & Enfamil Gentlease 12.4 oz cans</p>	<p>Exchange rate: 1 can of Enfamil Gentlease 27.7 oz = 2 cans equivalent 1 can of Enfamil Gentlease 12.4 oz = 1 can equivalent</p> <p><i>*Add the exchange rates of the formula to equal 7 cans (dependent on size and brand)</i></p> <table border="0"> <tr> <td>You buy:</td> <td>Equivalent can amount</td> </tr> <tr> <td>3 cans of Enfamil 27.7 oz would equal</td> <td>$2 + 2 + 2 = 6$ cans equivalents</td> </tr> <tr> <td>1 can of Enfamil 12.4 oz would equal</td> <td>$1 = 1$ can equivalent</td> </tr> </table> <p><i>Add the Exchange Rates together: $6 + 1$ and it equals 7 cans</i> Leaves the store with three Enfamil Gentlease 27.7 oz size cans and one Enfamil Gentlease 12.4 oz can</p>	You buy:	Equivalent can amount	3 cans of Enfamil 27.7 oz would equal	$2 + 2 + 2 = 6$ cans equivalents	1 can of Enfamil 12.4 oz would equal	$1 = 1$ can equivalent		
You buy:	Equivalent can amount								
3 cans of Enfamil 27.7 oz would equal	$2 + 2 + 2 = 6$ cans equivalents								
1 can of Enfamil 12.4 oz would equal	$1 = 1$ can equivalent								